



‘shaykh’ on the walls for blessings. It is difficult to comprehend how the mercy of Allah ta’ala is going to descend, as it is the angels that descend from the Almighty Allah carrying the mercy and blessings.

### Peace and Tranquillity

What we have to intellectually deduce from this is that a house which contains pictures which are not only still, but moving, walking, talking, dancing; which are accompanied by music, shamelessness and foul language; which are depicting adultery and warfare; within which there are violation of the rules of the Sharee’ah and even a challenge to the Existence of Allah; and which sow seeds for numerous evils in our hearts, - then how my brothers and sisters, is it possible for such a home to be showered with the Mercy of Allah?

Today, the absence of serenity is rife in our hearts. Many people come to me and complain, ‘Mawlana, I feel restless, confused and distressed.’ The most obvious and logical conclusion leads me to ask them whether there is some financial difficulty, family problem, marital problem or problem concerning children. But the answer is almost always negative. ‘Everything is fine’, they say. ‘However, I cannot sleep, I am restless, unsatisfied and always feel distressed.’ What is the cause of this problem? Until this disastrous object, the box of hundreds of thousand social viruses is within the corner of your living rooms, you can search for peace in every corner of the world, but you will not find it. I can say this without any hesitation or doubt.

### Gaze – A Poisonous Arrow of Shaytan

Today, I wish to highlight the fact that television is an instrument of violating the injunction of hijab. We all know that a non-mahram man cannot look at a non-mahram women and vice versa. The Prophet of Allah sallallahu alayhi wasallam has said,

*‘Verily, the gaze is a poisonous arrow from the arrows of Shaytan.’*

One might, while walking or driving, throw his gaze to a women passing by. The eyes are only acting as windows for the lustful desires of the heart and the images are being implanted into the bosoms of the heart.

### Lower Your Gazes

That is why the Glorious Qur’an commands:

*Say to the believing men that they should lower their gazes and guard their modesty. (Glorious Qur’an 24:30)*

Today, however, we walk with our necks stretched high and gaze upon anyone we like and only occasionally look away from women for the sake of piety. The Prophets, Sahabah and the pious walked with their eyes cast down and only looked up when necessary. Why? Because our creator has commanded us thus. And it is also true that once the gaze falls upon a women one finds desirable, then it is difficult to quickly divert the gaze. This fact is even more evident in the environment we live in today. That is why the prophet of Allah sallallahu alayhi wasallam was instructed to command his followers to lower their gazes when they venture outside their homes. if the gaze remains pure and clean, then the heart and mind will also remain pure, and if the gaze is adulterous then the heart and mind will also become adulterous.

(Insha-Allah to be continued in our next magazine, Volume 3 Issue 3)

## Sunnats Of Nikah

1-A Sunnah nikah is that which is simple, wherein there are no formalities. (Mishkaat)

2-It is sunnah to seek a pious and righteous person for marriage and to send a proposal to such a person.

(Mishkaat)

3-To have the nikah on Friday in a masjid and to have nikah in the month of Shawwaal is sunnah and preferable.

(Mirqaat)

4-It is also sunnah to fix the amount of mehr (dowry) according to one’s means. (Mishkaat)

5-When intending to copulate with one’s wife, recite this dua: if he has children then shaytaan will not be able to overpower them and will not be able to harm them.

بِسْمِ اللَّهِ اللَّهُمَّ جَنِّبْنَا الشَّيْطَانَ وَ جَنِّبِ الشَّيْطَانَ  
مَا رَزَقْتَنَا

*I commence this act in the name of Allah. O Allah, protect us from shaytaan and keep shaytaan away from that child that you will grant us. (Bukhari)*

## Waleemah

After the first night, to invite one’s friends, relatives, family and the poor for the waleemah is sunnah. It is not necessary to prepare a great amount of food. A little food prepared according to one’s means and feed a few relatives or friends will suffice in fulfilling the sunnah. The worst waleemah is that waleemah where only the rich and the irreligious are invited and poor, destitute and the pious are left out. (Bukhari)

شَرُّ الطَّعَامِ طَعَامُ الْوَلِيمَةِ يُدْعَى لَهَا الْأَغْنِيَاءُ  
وَيُتْرَكُ الْفُقَرَاءُ