

# AL-HUDA

## THE GUIDANCE

Volume 1 Issue 3

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### Editorial . . .

My dear respected readers, we are at the helm of 1428, a new Islamic year. Subhanallah, fourteen hundred years after the demise of our Beloved Prophet ﷺ, His sayings, teachings and actions are still preserved in their pristine form and will remain preserved until the Day of Judgement.

In this era of communication technology the inboxes in our mobiles and e-mail accounts are continuously inundated with wise sayings, fables and poems, teaching us about faith, about good character etc. In our fast paced lives, we swiftly scan and read our messages and fleetingly reflect and make mental notes, only to forget a few minutes later as we once again immerse ourselves in our day to day affairs. What will it take for us to really make the change in our lives for the better?

For some, the start of a new year heralds a new beginning: giving up old and wasteful habits, a resolve to lose weight, stick to deadlines, spend more time with the kids etc. Where does this desire to change at the strike of the clock at midnight on the eve of the new year come from? It comes from deep reflection, from self-analysis and from within. It is spurred on by advice from loved ones and is strengthened with courage, with self discipline and with a strong belief that in this course of action, in this resolution, there is nothing but good, nothing but benefit.

Recently I was sitting in the company of my honourable teacher and mentor Shaykh Muhammad Saleem Dhorat hafizahullah when a child, about 6 years of age arrived, made salaam and sat down next to the Shaykh. The Shaykh wanting to cheer the child glanced at his hat and said "I like your hat, where did you get it from? Can you not put it on my head?" The child nodded his head in the negative and explained that his hat was too small for the Shaykh. The Shaykh, addressing the child, replied, "in this case then we will have to do either one of two things, number one: make the hat bigger", number two: make my head smaller". The child and the people sitting around, burst out laughing. The Shaykh turned his attention towards us and notioned that in this small discourse is a great lesson. He elaborated by saying, "It is obvious that the only choice we have is the first, for the second is impossible and danger to life. Similarly, in life we are faced daily with two choices- change the circumstances to fit the demand of Allah ﷻ or change the command of Allah ﷻ to fit our circumstances. It is only too obvious that we have only

## HELPING THE DECEASED

From the advises of Shaykh Muhammad Saleem Dhorat (hafizahullah)

The time between the death and the burial of a person is very important, for the deceased will be on his way to a place where only good actions will be of help to him. He himself though, will be in a helpless state, unable to carry out any good deeds at all. Unfortunately we too, due to our lack of realisation of the importance and seriousness of the situation, generally neglect the needs of the deceased. Even at the time of burial in the graveyard, when the deceased is about to be placed in his final abode, meeting each other and indulging in worldly talk divert us from doing anything fruitful for ourselves or for the deceased. This time should be used in contemplating our own death, our final abode and what preparations we have made for them.

Likewise we should, according to our capability, try to send reward to the deceased. To make this easier, we should fix for ourselves some zikr or tilawah for the time we spend in the burial. Since the first kalimah is known and frequently recited by every Muslim, it is suggested that we determine to recite it 1,000 times in each janazah and send the reward to the deceased. If everyone were to do this, how beneficial it would be for the deceased and what a great gift it would be for him or her.

## A Comprehensive Du'ā

Abu Umamah رضي الله عنه addressed the Prophet ﷺ saying:

‘O Prophet of Allah! You have supplicated by means of many du'ās, which we cannot remember.’

The Prophet ﷺ said: ‘Shall I not guide you to that which encompasses all of them?’ He then taught the following du'ā:

اَللّٰهُمَّ اِنَّا نَسْئَلُكَ مِنْ خَيْرِ مَا سَأَلَكَ مِنْهُ نَبِيُّكَ  
مُحَمَّدٌ صَلَّى اللهُ عَلَيْهِ وَسَلَّمَ وَنَعُوْذُ بِكَ مِنْ  
شَرِّ مَا اسْتَعَاذَ مِنْهُ نَبِيُّكَ مُحَمَّدٌ صَلَّى اللهُ عَلَيْهِ  
وَسَلَّمَ وَ اَنْتَ الْمُسْتَعَانُ وَعَلَيْكَ الْبَلَاغُ وَلَا  
حَوْلَ وَلَا قُوَّةَ اِلَّا بِاللّٰهِ (ترمذی شریف)

(I humbly request all our readers to try and memorise this blessed dua)

## LEARN 40 HADEETH OF RASOOLULLAH ﷺ

### HADEETH NO 4

الدُّعَاءُ مَخُّ الْعِبَادَةِ (الترمذی)

*Du'ā is the essence of worship*

### EXPLANATION

The aim and purpose of worship is to humble ourselves and see ourselves as small and weak before Allah ﷻ, Lord of all the worlds. Through worship we are meant to practically and mentally accept that Allah ﷻ is everything and that we are nothing.

This is the purpose of every form of worship. Take the example of salah; we stand with respect and then feeling the greatness of Allah ﷻ we bow down. Then we stand up again and, overpowered by Allah's ﷻ Greatness, we go down into sajdah. Similarly with sawm; Allah ﷻ tells us not to eat so we obey, showing our smallness and Allah's ﷻ authority over us. But from all the forms of worship, this state of humility can be achieved most

## In Shaykh's Company.....

### Who Are We Tricking?

“You can trick the whole world but remember you can't trick Allah ﷻ and you can't trick your own conscience.”

### Allah's Secret Agents

“Every partical in this universe that we see before us is Allah's secret agent, and will expose everything on the Day of Judgement . To the extent, that darkness, which is also Allah's creation, will itself testify the sin you committed whilst it enshrouded you.”

### Having Good Thoughts About Others

“Sometimes it is quite easy for us to be become judgemental and start drawing negative conclusions about others based on external appearances only”

“We should have positive thoughts, not negative thoughts. Never look down on anyone because many times we are not aware of the spiritual condition of others and it may be that they are more beloved (than us) to Allah.”

In Shaykh's Company is a blog maintained by Shaykh Muhammad Saleem Dhorat hafizahullah students recording Shaykh's teachings, discourses and advices.

### The Virtue of 40 Hadeeth

“Whosoever will learn and convey forty hadeeth to my Ummah concerning religion, Allah ﷻ will raise him a great scholar (of Islām) and will intercede for him and will be his witness on the Day of Judgement.”

easily through du'a. In du'a we feel totally helpless and dependant on Allah ﷻ and we beg from Him because we know no one can give us what we want except Allah ﷻ. No one feels pride when asking from Allah ﷻ and even rich and important people feel they are nothing while making du'a. This is why du'a is the essence of worship.

One should ask Allah ﷻ for all his needs, beginning with the praise of Allah ﷻ and salutations upon the Beloved Nabee ﷺ, ending with salutations again. One should never ask for anything that is displeasing to Allah ﷻ. Abstaining from haram and sins is a very important requirement of du'a. One should also learn the du'as of the Ambiya and the pious, especially the masnoon du'as taught by the Prophet ﷺ for all occasions.

(Courtesy of Riyadul Jannah)

The sacred verses of the Glorious Qur'an and Traditions of the noble Prophet ﷺ have been printed for the benefit of our readers. We ask you to ensure their sanctity.



(Continued from page 1)

the first choice, for the second is destruction to the eternal success of the next life.”

Let me elucidate on the Hikmah of the discourse by way of an example. Let us all closely examine our day to day timetable. Say for example, a person wakes up each morning with the headache and tension of going to work. For a moment he may think to himself, ‘what have I got to do today? Drop the children off, get to work, renew the car insurance, lunch and if I have time then zohr prayer, shopping,... I’ll just have to read my asr when I get home, pick the kids from school might just be able to make it back for Maghrib in the masjid,...but I have to buy today’s newspaper! Oh! What about my recitation of the Qur’an?...not to worry if I get time later in the evening I’ll read.’

Shaykh elaborated that just as making the hat bigger will cause a problem, making the head smaller will cause problems too. In light of this, every individual experiences two forces daily, Deen and circumstance.

Just as, fitting the hat by changing the hat size or the size of the head will cause problems similarly if a person tries to fit Deen around his circumstances it will cause problems. Circumstance might demand a person removes his beard/her veil, a job might demand that there’s no time/place for Salah, circumstance might demand forgery etc. In this case a person fits Deen around their circumstances by sacrificing Deen, putting Deen on the back burner or on hold, asking Deen to wait outside the door.

On the other hand if you revolve your circumstances around Deen then the only problems which may appear are due to our own weaknesses. Sorry my Deen teaches that I can’t shake hands with a non-mahram woman; my Deen teaches that I must pray Salah and will need a change in breaks, a place to pray etc; my Deen teaches me to uphold righteousness and hence stopping oneself from giving false information.

To conclude, dear respected readers, my request is that before you start your day/your new job/your new year, give first priority to Deen, to the harvest of the Hereafter i.e Salah, Qur’an, Zikr, Taleem, Honesty, Integrity, rights of Allah & His creation. Fit your life around Deen and Insha Allah, Allah’s pleasure will be yours as well as the bounties of the Hereafter.

Shaykh Safwan.

## VIRTUES OF PIOUS YOUTH!

‘Abdullah ibn ‘Umar ؓ reports that Rasoolullah ﷺ said: “Verily Allah ﷻ loves the young person who spends his youth in Allah’s ﷻ obedience” (*Hilyat-ul-Awliya*)

Abu Umamah ؓ reports that Rasoolullah ﷺ said: “No young person grows up worshipping Allah ﷻ and then encounters death except that Allah ﷻ grants him the reward of ninety nine righteous servants” (*Tabrani*)

Talha ؓ reports that Rasoolullah ﷺ said: “Allah ﷻ speaks highly and proudly of the devout youth before the Angels saying, ‘Look at My servant! He has forsaken his unlawful desires for Me.’” (*Kanzul Umal*)

Anas ibn Malik ؓ reports that Rasoolullah ﷺ said: “The superiority of the young person who worships Allah ﷻ during his youth over the old person who worships Allah ﷻ after ageing, is like the superiority of Allah’s Messengers over the entire creation. (*Musnadul Firdaus*)

مجمع الهدى

The Academy was established in October 2005, under the patronage of Shaykh-ul-Hadith Maulana Muhammad Saleem Dhorat hafizahullah. The efforts of Al-Huda (The Guidance) Academy are geared towards reviving Deen, in particular amongst the Muslim youth.

*Lets strive to make Deen our focus and the world our glance.*

Enlighten your heart with the beautiful sayings of Our Beloved Prophet ﷺ captured in the pocket size booklet.



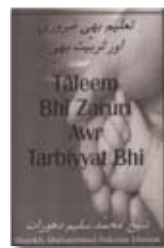
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Taleem Bhi Zaruri Awar Tarbiyyat Bhi

# Children's

'coz Islam is  
for everyone'

## Competition

Time 3.. 2.. 1..

Oh! My  
Best Topic  
Yes

## Our Beloved Prophet Muhammad ﷺ

- 1) In which city was Our Beloved Prophet ﷺ born?  
a) Madinah      b) Makkah      c) Tā'if      d) Yathrib
- 2) What was the name of the mother of Our Beloved Prophet ﷺ?  
a) Haleema      b) Hafsa      c) Fatima      d) Aamina
- 3) How old was Our Beloved Prophet ﷺ when his grandfather passed away?  
a) 6      b) 8      c) 10      d) 12
- 4) What was the title given to the Prophet ﷺ by his people from young age?  
a) Al Ansār      b) Al Muhājir      c) Al Muslim      d) Al Amin
- 5) Which of the following will not fit Our Beloved Prophet ﷺ?  
Our Beloved Prophet ﷺ was very:  
a) Kind      b) Caring      c) Merciful      d) Cruel
- 6) Name the cave in which Our Beloved Prophet ﷺ and Abu Bakr ؓ took refuge on their way to Madinah?  
a) Hira      b) Thawr      c) Uhad      d) Khaybar
- 7) What was the name of the first wife of Our Beloved Prophet ﷺ?  
a) Safiyya      b) Maymoona      c) Khadeeja      d) Zaynab
- 8) At what age was Our Beloved Prophet ﷺ given prophethood?  
a) 35      b) 55      c) 40      d) 43
- 9) At what age did Our Beloved Prophet ﷺ depart from this world?  
a) 25      b) 40      c) 47      d) 63
- 10) In which blessed city is Our Beloved Prophet ﷺ buried?  
a) Damascus      b) Jarusalem      c) Madina      d) Makkah

**Please write your answers on a piece of paper  
and send to Al-Huda Academy for the chance  
to win a Special Prize.**

### Umar ibnul Khattāb ؓ

Umar became Khaleefa after Aboo Bakr ؓ and was the first to be known by the title of Ameerul Mu'mineen (Leader of the Faithful). Before he accepted Islām, Rasoolullah ﷺ made du'a to Allah ﷻ to make either Umar or Aboo Jahal a Muslim. Due to this du'a Allah blessed Umar with Islām and he became a great source of strength and courage for all the Muslims. Before he accepted Islām the Muslims used to pray in private. He said, O Rasoolullah ﷺ, if we are on truth, then why should we pray and spread the message of Islām in hiding?' The Muslims were astounded, as Allah ﷻ made the truth visible to everyone through Umar ؓ, Rasoolullah ﷺ gave him the name Al-Farooq, i.e. the one who distinguishes truth from falsehood. He was martyred in 23 AH and buried in Madeenah Munawwarah next to Rasoolullah ﷺ and Aboo Bakr ؓ.

### Prize Scramble Results

Masha'Allah we received many entries from our young and eager readers!!

The lucky winners of the last issue's word scramble were:- 1st Adnaan Patel from Blackburn, 2nd Humera Dukandar from Chorley, WELL DONE! Since there were so many runners-up we can't mention all of their names here. However, all those who took part have been sent Al-Huda's bookmark in the post.

One of the aims of Al-Huda Academy is to create a greater understanding and awareness of the teachings of Islam. If you have any articles, stories or poems which you would like us to publish, please forward them to us.